

Corrigenda and Addenda

Addendum: Managing Musculoskeletal Pain in Older Adults Through a Digital Care Solution: Secondary Analysis of a Prospective Clinical Study

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The authors of the publication “Managing Musculoskeletal Pain in Older Adults Through a Digital Care Solution: Secondary Analysis of a Prospective Clinical Study” [1] have introduced further details regarding the exercise component of the intervention to improve transparency and interpretability. To provide a generalized framework underlying the exercise prescription within the digital care program, Multimedia Appendix 2 was added (included here as [Multimedia Appendix](#)

1), including representative exercise categories, progression principles, and dosage parameter ranges. Additionally, a detailed description of a condition-specific implementation of digital care programs was reported in a previously published study [2], cited in the Introduction section of the original article. These clarifications do not impact the results or conclusions of the original study.

Multimedia Appendix 1

Overview of the exercise prescription framework, including exercise characteristics, dosage parameters, and progression principles. [[DOCX File, 16 KB-Multimedia Appendix 1](#)]

References

1. Areias AC, Janela D, Molinos M, Moulder RG, Bento V, Yanamadala V, et al. Managing musculoskeletal pain in older adults through a digital care solution: secondary analysis of a prospective clinical study. *JMIR Rehabil Assist Technol*. Aug 15, 2023;10:e49673. [[FREE Full text](#)] [doi: [10.2196/49673](https://doi.org/10.2196/49673)] [Medline: [37465960](https://pubmed.ncbi.nlm.nih.gov/37465960/)]
2. Correia FD, Nogueira A, Magalhães I, Magalhães J, Moreira M, Barradas I, et al. Home-based rehabilitation with a novel digital biofeedback system versus conventional in-person rehabilitation after total knee replacement: a feasibility study. *Sci Rep*. Jul 26, 2018;8(1):11299. [[FREE Full text](#)] [doi: [10.1038/s41598-018-29668-0](https://doi.org/10.1038/s41598-018-29668-0)] [Medline: [30050087](https://pubmed.ncbi.nlm.nih.gov/30050087/)]

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